

Volunteer Role

Mobility Buddy

Volunteer Manager

Sensory Support Officer

Where you will be based

Community

Why we want you

Many people with dual sensory loss have lost the confidence to leave their homes and would love the opportunity to re-engage with their local community. Due to their sight and hearing loss, they can find it hard to keep themselves active, and the effects of the Covid pandemic has created additional barriers to becoming regularly mobile again. Many people have experienced greatly reduced mobility in recent times, and a reduction in their health and wellbeing as a result. This role is to support our members to get back out into the community, giving them the confidence, fitness and motivation to regain their independence.

What you will be doing

- Encouraging and supporting our members to become active on a regular basis
- Gradually increasing their fitness with regular exercise such as short walks
- Helping our members to gain the confidence to go out independently
- Accompanying people as they become familiar with public transport
- Giving members the confidence they need to get outside
- Ensuring our members regain their mobility in a safe and sustainable way
- Helping to plan their routes and journeys to key locations

The skills you need

- Keen to maintain your own active lifestyle
- Physically fit and able to walk whilst guiding others
- Patient, friendly and keen to help our members remain a part of society and greatly benefit the quality of their lives
- Good conversationalists in order to engage with our members, explain transport procedures and provide gentle encouragement
- Familiar with the workings of local public transport
- Willing to learn more about Deafblindness and guiding/communication techniques (full training is provided)

What's in it for you

- Be part of a friendly, supportive and dedicated team
- The satisfaction of knowing you will be making a difference to real

- people's lives
- New communications skills
 - Establishing positive employability skills to help you in your career path
 - Keeping fit and healthy!

Disclaimer

This role requires a DBS check and a commitment of six months